

CLAY ARSENAL | HARTFORD, CONNECTICUT

To Have Quality of Life, We MUST Have Quality Food



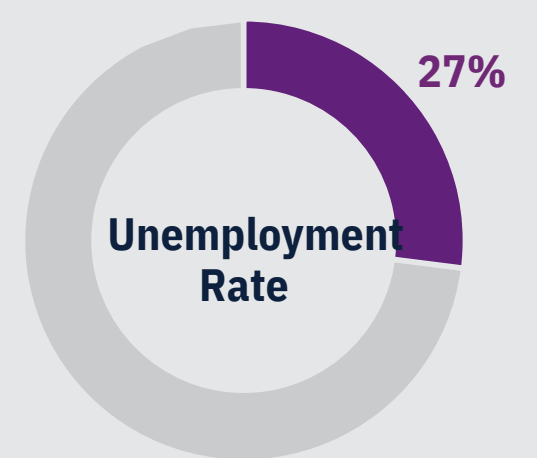
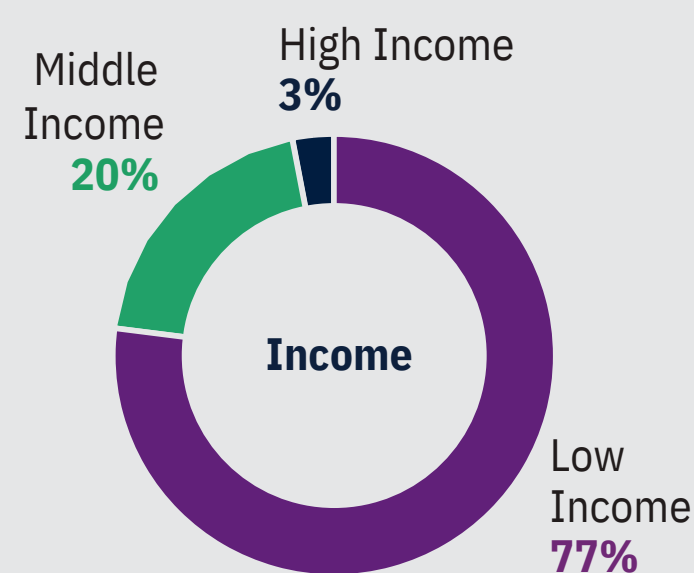
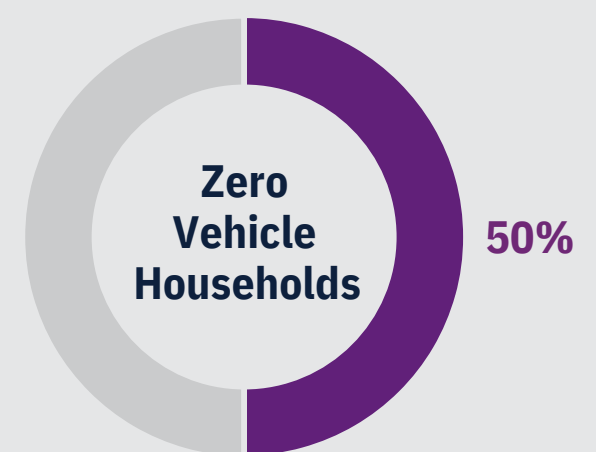
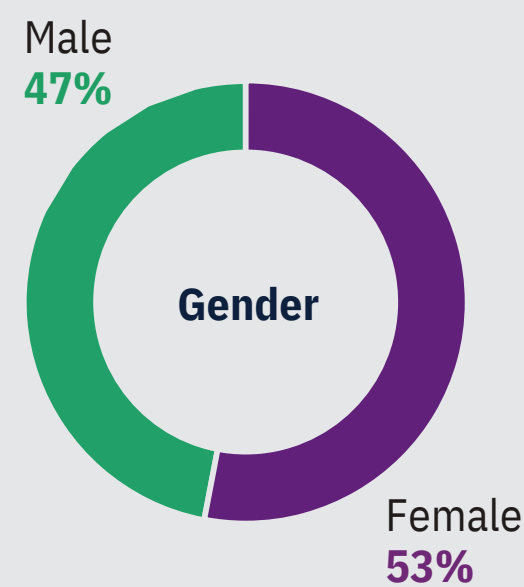
CLAY ARSENAL is one of Hartford's oldest neighborhoods and is part of the North Hartford Promise Zone. Located north of downtown Hartford, it serves as the gateway to the city's north end.

Our neighborhood is a vibrant community full of young families and children. In fact, a quarter of its residents are between the ages of 5 and 17, and more than 10% are under the age of 5. Our community is also home to the city's largest health center, The Wilson-Gray YMCA, and the historic Old North Cemetery.

Yet poverty is widespread in the neighborhood and crime rates are up. Key resources are missing from our community that residents need to stay healthy, including ready access to a full-service grocery store and sufficient sources of nutritious food.

CLAY ARSENAL At a Glance

Population, 2016: 7,159



“The lack of healthy food in Clay Arsenal is killing my neighbors and our children.”

– CLAY ARSENAL RESIDENT



Together We Can Fix This! For more information or to get involved please contact us healthyhartfordhub@gmail.com

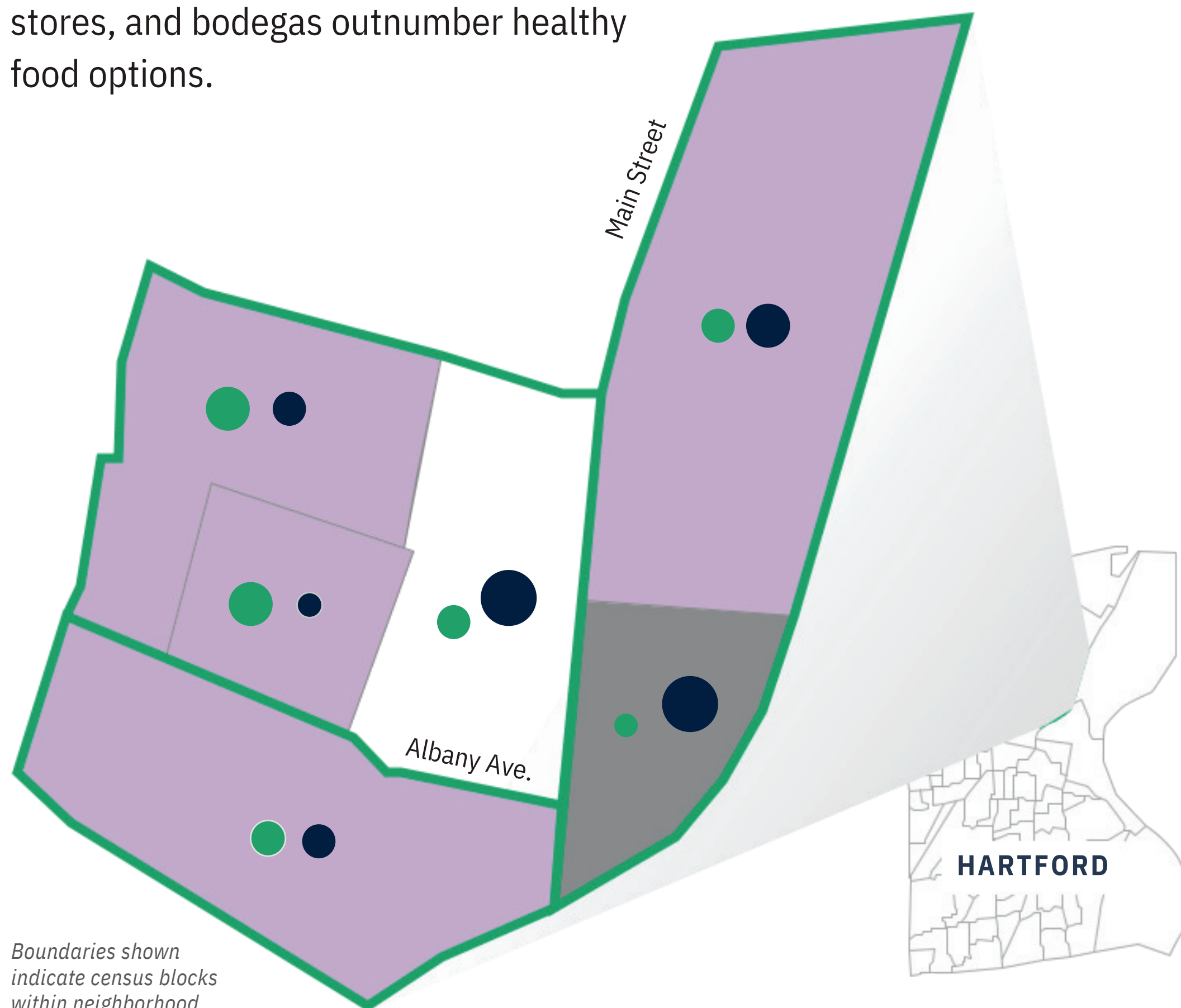


“In our... stores, you will see entire shelves filled with soda. I’ve never seen so many bottles of soda, and I wonder how long they’ve been there because there’s so many.”

– CLAY ARSENAL RESIDENT

CLAY ARSENAL Food Swamp Exposure by Race and Ethnicity

With limited access to healthy foods, much of our neighborhood has become a “food swamp” — an area where fast food restaurants, convenience stores, and bodegas outnumber healthy food options.



Boundaries shown indicate census blocks within neighborhood.

Food Swamp Index scores were calculated for each neighborhood based on the total number of healthy, unhealthy, and intermediate food stores. Healthy stores include small and mid-size grocery stores. Unhealthy stores include convenience stores, convenience with a gas station, full-service pizza, limited-service restaurant (e.g. carry-out restaurants), unhealthy specialty stores (e.g. ice cream parlors), dollar stores, alcohol drink stores, and fast-food restaurants. Intermediate stores include sit-down restaurant and mixed specialty stores (e.g. stores selling baked goods). The darker shade indicates the worst food swamp exposure, i.e. more unhealthy food stores. The white areas have healthy stores.

“Greater Hartford Community Wellbeing Index.” DataHaven, <https://ctdatahaven.org/reports/greater-hartford-community-wellbeing-index> 2016 Hartford-West Hartford Neighborhood Profiles. DataHaven. <https://www.ctdatahaven.org/data-resources/2016-hartford-west-hartford-neighborhood-profiles>. Accessed April 29, 2020.

DataHaven. (2017). DataHaven 2016 Hartford-West Hartford Area Neighborhood Estimates, based on 2016 5Y American Community Survey. New Haven, CT: DataHaven Perez EA, O’Brien RJ, Holden KE, Mullen J. Hartford Downtown North & West Background Study. Hartford Downtown North & West Background Study. http://www.hartford.gov/images/Planning/DocumentLibrary/2007Fall_DowntownNorthWestBackgroundStudyLowres.pdf.